



### The Healing Power of Love

By J.R. Ensey, President, ISC



As a pastor, I had the opportunity to witness a number of “healings” that were effected by nothing more than love. No one in the church had a Ph.D in psychology but folks whose minds were messed up by the world were put right by a combination of God’s love and human love. One woman came to us who was suicidal, had no sense of self-worth or self-respect, felt unloved and unappreciated. After her baptism and receiving the Holy Ghost, I encouraged our women to turn on the love. They did and in a few weeks she had changed dramatically. She and her husband are still in the church after 25 years. Love did what no pill could have done. It wasn’t a chemical imbalance that had taken her down. It was sin and the influences of the world.

Another lady came who was bitter toward God. She was highly emotional and into street drugs. She came to the altar one night, but as she started to pray she screamed out and ran out of the church. Probably bi-polar. Schizo. Depressed. Stricken with some disorder. In need of a therapist. NO, just sin-sick and bitter and filled with emotional distress because of the loss of a child. She needed God and she needed love. She found both. She and her husband became great saints in our church, taught in our school, and won souls to God. Both have gone on to be with the Lord but left behind two great sons, one of whom is licensed with the UPCI.

Acceptance held up one hand and understanding held up the other while love poured on the anointing of grace. Wholeness resulted. Give love a chance. It is a healer. It “never fails.” The songwriter put it like this:

“I was sinking deep in sin, far from the peaceful shore;  
Very deeply stained within, sinking to rise no more.  
But the Master of the the sea heard my despairing cry,  
From the waters lifted me, now safe am I.  
Love lifted me, love lifted me;  
When nothing else could help, love lifted me;  
Love lifted me, love lifted me;  
When nothing else could help, love lifted me.”

Why?

If the kind of affluence and privilege prevalent in modern America is so positive, why has there been a 5% increase in the overall suicide rate since 1999 and 16% among those ages 40-64.

If separation from the world and a conservative lifestyle is so opposed by the ordinary person on the street, why has the Amish population in the U.S. grown 84% from 1992 to 2008?

If psychotropic drugs are curing the emotional ills of Americans, why has there been a 4000% increase in the diagnosis of “bi-polar disorder” since 1994?

Why do some insist on integrating humanistic psychology with Oneness Pentecostal theology? (Go to [advanceministries.org/articles](http://advanceministries.org/articles) and read “Should Psychology Be Integrated With Oneness Pentecostal Theology?”)

If antidepressants are so effective, why is it that one-half of all suicides in the U.S. are by those on these psychotropic drugs?

Why is it marketing and not science that has the single antidepressant drug Zyprexa generating \$12 million dollars a day?

The truth is, drugs are made to manage one's “mental health,” not cure their ills. There is no money in making people well. Drug companies are interested only in the long term usage of their products. They will rename them and repackage them as long as doctors will prescribe them and the gullible public will buy them.

How can we continue to ignore the facts?

For those who wish to be informed about the use and the dangers of mood-altering psychotropic drugs, please go to <http://www.cchr.org/#/home>, then click on “Latest Videos.” There is a series of about four or five brief documentaries titled “Making A Killing.” Don't go there unless you are willing to be educated about what these drugs are doing to OUR saints and their children, and how *we* are helping to feed a trillion dollar industry that is rapidly taking away our ability to think and act rationally.



## The Spirit of a Woman

By Denene Pelkey

Whether you are a pastor's wife, minister's wife or a saint in church we all need to be aware of the spirit's that want to take us down.

In Webster's Dictionary spirit is defined as: *soul (spiritual part of a person), mood, courage, loyalty, essential quality*. Our mood is our state of mind! The enemy is the accuser of the brethren ~ a liar and deceiver ~ he wants to seek you out and destroy everything that stands for God and His Word! He will come and steal what God has put forth if you are not careful! Guarding our moods protects our state of mind!

The Spirit of Michal ~ Her love for David turned to despising him.

Read 1 Sam 18:20-21 ~ Read also 18:30 ~ 2 Sam. 6:16, 20-21,23

Michal loved David but was given to him to be a snare from her father, Saul. A snare is a trap. He thought that he could out smart David by giving him his seed, but because of the spirit of Michal she was barren. How could Michal go from loving David to despising him? Was it David's leaping and dancing before the Lord that set her off? Was it because he took her back as his wife from Phalti and she became bitter? Whatever the reason may be, it didn't change the fact that she was barren until her death. Even though she was David's first wife, God did not want any of David's seed to come forth from her! Michal's attitude was ungodly, questioning her husband's motives before his God.

The word despise means *to scorn, loathe*. Scorn means: *contempt*, which means: *disgrace, disrespect, disdain*, which means: *refuse* which means: *reject*. Loathe means: *reluctant; unwilling*. She was disgraceful, disrespectful, refused, reluctant and unwilling. That's a mouth full to swallow.

Our marriages are under such severe attack. We need to guard every thought and every door to our minds/hearts and homes. What the enemy has tried to kill us with, God wants to make us stronger for His kingdom! We cannot let this spirit inhabit our churches. Our state of mind is at stake here. Ministry is the highest calling in life and everything that can be shaken will be shaken. You may think that your husband may have been called and you do not want to be in the leadership that you are in. Maybe you have become angry and bitter over actions or decisions that your husband has made. Many women are worn out and tired of the opposition that has been constantly against them. If God didn't want you involved in ministry then he would not have put you two together for it. At times the pressure and weights that come upon ministry are like a ton of bricks. This happens because we are trying to carry the load and do the miraculous work of God. It takes a divine intervention that only comes from the Lord himself! Read Matt. 11:30.

Many of us have endured pain and hurt in some way or another and we will continue to face it until Jesus comes back. It is what we do with it that makes a difference. Will we face it with the attitude of Michal and have it stink in the nostrils of God or will we praise our God as David did when the Ark of the Lord was taken back to the City of David? Just because we face such things doesn't mean that God has forsaken us, it just means that He is with us through it! We have to get our eyes off the problem and put it on the provider. The problem becomes an idol when we focus on it. We can be an asset: *a valuable thing* or a liability: *a debt, disadvantage* to our husbands!

True surrender to the Lord is the only way one will be free from pressures of the

enemy. Forgiveness turns barrenness into fruitfulness.. Read Psalm 146:2, Psalm 149:1,3

Surrender means: *to give (oneself) over, as to an emotion*

Forgiveness means: *to stop being angry or resentful against*

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## **Want to Be Happy? Pop a Pill, Right?**

*Want to quickly improve your happiness and satisfaction with life? Pop a pill? No, not according to research done by Kent State University's Dr. Steven Toepfer, an assistant professor of family and consumer studies. His research finds that the best way is the pen, not a pill.*

Dr. Toepfer enlisted students to explore the effects of writing letters of gratitude to people who had positively impacted their lives. Students wrote a letter every other week for six weeks. The ground rules? The letters had to be positively expressive and “non-trivial,” had to require some insight and reflection, and had to contain a high level of appreciation or gratitude.

After each letter, students completed a survey to gauge their moods, satisfaction with life, and feelings of gratitude and happiness.

“I saw their happiness increase after each letter, meaning the more they wrote, the better they felt,” says Dr. Toepfer, who also witnessed improvement in the students’ life satisfaction and gratitude throughout the study. “The most powerful thing in our lives is our social network. It doesn’t have to be large, and you don’t always need to be the life of the party, but just having one or two significant connections in your life has shown to have terrific psychological and physical benefits.”

The letter-writing campaign gave the participants the opportunity to slow down and to “think about the people who have made our lives meaningful.” The majority of students participating in the study wrote to former teachers, parents and friends.

“The feedback was great,” Dr. Toepfer adds. “The students remarked that [writing the letters] was a fantastic experience and allowed them to reconnect with the people who mean a lot to them” Toepfer says. “Out of the 85 participants, only one person said they absolutely hated doing it.” In all, 75 percent of the students said they planned to continue to write letters of gratitude even when the course was over.

Toepfer says studies demonstrate that practicing expressive writing is often associated with fewer health problems, decreased depression, an improved immune system, and improved grades. “We are all walking around with an amazing resource: gratitude,” he says. “It helps us express and enjoy, appreciate, be thankful and satisfied with a little effort. We all have it, and we need to use it to improve our quality of life.”

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## 2009 Training Conference

Hundreds have taken our course *Christian Counseling From Scripture*. If you are interested in a helping ministry, or just want to clean your mind of the stuff some Freudian professor put in there, give us a call or go to [www.soteric.org](http://www.soteric.org). Our ISC training conference will be held in Indianapolis, IN on October 15 and 16, 2009 at the Radisson Hotel (Indianapolis Airport). Join us and learn to counsel from Scripture! More information below.

For more information and to register, go to [Soteric](http://www.soteric.org) or [advanceministries](http://www.advanceministries.org)



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## Army studying high suicide rate among US soldiers in Iraq

In October we read the following report.

“The US army has sent mental health specialists to Iraq to determine why so many soldiers are committing suicide there, a US media report said. Eleven US soldiers and three Marines have killed themselves in the past seven months in Iraq, an annualized rate of 17 suicides per 100,000 soldiers.”

In January we read: “The Army said 24 soldiers are believed to have committed suicide in January alone -- six times as many as killed themselves in January 2008, according to statistics released Thursday.”

Why has the suicide rate among US soldiers increased six fold in the last few years? Find out: [http://breggin.com/index.php?option=com\\_content&task=view&id=204&Itemid=100](http://breggin.com/index.php?option=com_content&task=view&id=204&Itemid=100)

